

Weight-loss medicine: questions for a UK prescriber

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A worksheet to help you prepare questions and keep notes. A qualified prescriber must decide whether a treatment is suitable for your circumstances.

1. Which option is actually licensed and clinically appropriate for my health history?

2. How do the expected benefits compare for someone with my diabetes or cardiovascular history?

3. What side effects should make me contact you?

4. What will monitoring involve?

5. What is the plan if I cannot tolerate the maintenance dose?

6. What happens if I stop?

Questions adapted from SHIFT's existing Wegovy–orlistat comparison.

<https://shiftsometimber.co.uk/comparisons/medications/wegovy-vs-orlistat>

This worksheet does not diagnose, prescribe or confirm treatment suitability.

SHIFT treatment ordering and treatment payments are not currently open.

Not clinically reviewed or endorsed.